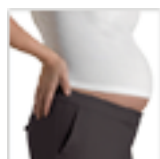


fit tips

The key word is fit. Depending on your body shape and your pregnancy stage, Liz Lange offers a variety of pre-baby and post-baby waist options that are stylish and comfortable.



no panel

Wear under your belly. Stretches to fit perfectly under your growing bump.



demi band

Wear just below your mid-belly. Hugs your growing bump with a comfortable elastic band.



foldover panel

Wear just below your mid-belly. Versatile comfort at any stage of your pregnancy.



3 in1 flex panel

Wear above, at your mid-belly, or below. Ensures optimum support and comfort throughout your entire pregnancy.

Pre-Pregnancy Size	Liz Lange Size
0	0 XS
2	2 XS
4	4 S
6	6 S
8	8 M
10	10 M
12	12 L
14	14 L
16	16 XL
18	18 XL
20	20 XXL

size chart

Liz Lang's styles are designed to show off your growing bump while flattering the rest of your figure.

Your Liz Lange Maternity wardrobe will be the same size as your pre-pregnancy clothes. Each piece is designed to adapt to your changing shape by incorporating comfortable stretch, stylish details and a little extra growing room where you need it most.

