# liz lange) maternity

FOR TARGET®

## fit tips.

Even with a growing bump, finding your perfect fit shouldn't bring on your prental breathing exercises. Liz Lange offers a variety of pre-and post-baby waist options that are stylish and oh so comfortable.



#### no panel.

Wear under your belly. Stretches to fit perfectly under your growing bump.



#### demi band.

sits just below your mid-belly. Hugs your growing bump with a comfortable elastic band.



foldover panel.

Sits just below your mid-belly. Verstaile comfort at any stage of your pregnancy.



#### 3-in-1 flex panel.

Sits above or below your mid-belly. Ensures optimum support and comfort throughout your entire pregancy.

### size chart.

You may think that you need to size up when shopping for your changing shape.

But your Liz Lange Maternity size will be the same size as your pre-pregnancy clothes. How easy is that?

Pre-Pregnancy Size:	0-2	4-6	8-10	12-14	16-18	20
Liz Lange Size:	XS	S	Μ	L	XL	XXL