

Roasted Sweet Potato Chips

MAKES: 2 servings
PREP TIME: 15 minutes
COOK TIME: 25 minutes

WHAT YOU NEED

- 2 large sweet potatoes or yams (about 1 lb.), very thinly sliced
- 2 Tbsp. I Can't Believe It's Not Butter!® Spread, melted

MAKE IT

1. Preheat oven to 425°. Spray 2 baking sheets with nonstick cooking spray; set aside.
2. Toss potatoes with I Can't Believe It's Not Butter!® Spread in large bowl; arrange potatoes in single layer on prepared baking sheets. Bake, turning once, 25 minutes or until chips are crisp. Sprinkle lightly with salt, if desired.



Nutrition Information per serving:

Calories 270, Calories From Fat 70, Saturated Fat 2g, Trans Fat 0g, Total Fat 8g, Cholesterol 0mg, Sodium 220mg, Total Carbohydrate 46g, Sugars 10g, Dietary Fiber 7g, Protein 4g, Vitamin A 650%, Vitamin C 10%, Calcium 6%, Iron 8%